

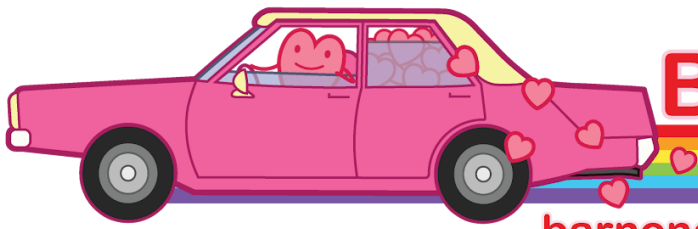
Bar None Winnipeg

barnone.wpg@gmail.com ♥ barnonewpg.org

June 14th: Annual Book and Bake Sale

Thank you to all those who attended our annual book and bake sale on June 14th. We were able to raise just under \$7,000 for Bar None and the Prison Libraries Committee, which surpassed last year's total! These funds directly contribute to the amazing work, programming and resources being offered by both organizations to support people who are incarcerated, as well as their families.





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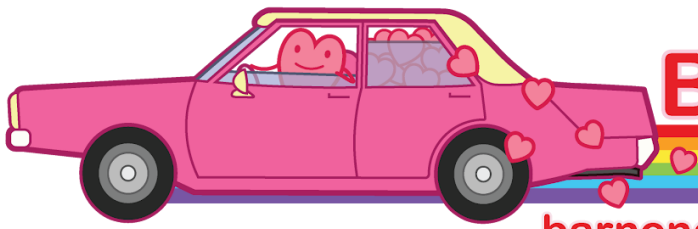
June 22nd: 10th Anniversary Picnic

Happy Birthday, Bar None!

Bar None prison-visiting ride share has been happening for ten years and we had a picnic to celebrate. A million people have been part of the ride share over the years, often communicating over computers and phones. The picnic was a great chance to get together and celebrate our community.

Thank you to all who came out!





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August 10th: Prisoner's Justice Day

Manitou House and Native Clan have organized an incredible day on Saturday, August 10th. Please see the infographic below and join us!!

Prisoners' Justice Day
A Day To Honor Who Passed and/or Were Harmed By Western Justice Systems.
August 10, 2025

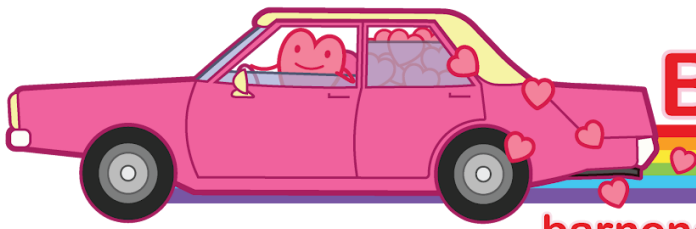
- 8am-4pm:** Sacred Fire at Manitou House
- 830am:** Gather at Manitou House before walk
- 9am-12pm:** Community Walk
- 1pm:** Pipe Ceremony at Manitou House
- 1pm:** Lodge at Manitou House
- 1pm:** Lodge at Indigenous Women's Healing Lodge (105 Aikins)

Manitou House
94 McGregor Street
Winnipeg, Manitoba R2W 4V5

Community Partners

The infographic features a warm orange background with large white and yellow feathers and white stars. It lists the event details and community partners, including the Native Clan Organization, Bar None, and the Prison Libraries Committee.





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Hip Hop 101 🎵🎧

The Manitoba Prisoner Solidarity Network collaborated with Hip Hop 101 on 101.5 UMFM to bring together a panel of experts and folks with lived experience to discuss the experiences of Indigenous fathers and their interactions with the child welfare system.

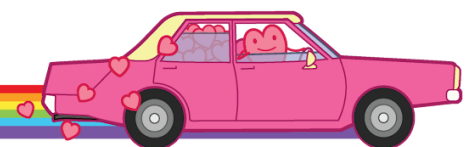
[See here for the discussion!](#) Or visit

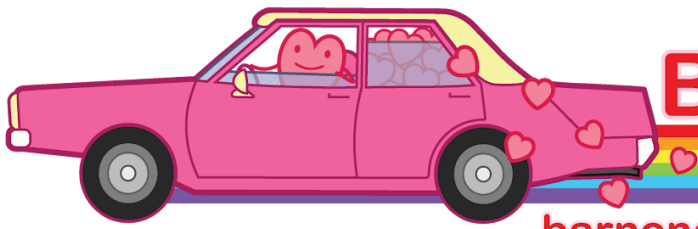
<https://promodj.com/djdialogofficial> to access the recording of the panel.

The group would love to hear from listeners if you have suggestions for future topics that relate to the challenges faced by incarcerated relatives. Suggestions from listeners can be sent to: mbprisonernetwork@gmail.com

Calling all runners and aspiring runners! 🏃🏃🏃

Looking for a fun, meaningful way to get active this summer? Join us for the Stony Mountain Half-Marathon and Relay on Saturday, August 16 - a very unofficial annual run from Stony Mountain Prison to Burton Cummings Park in Winnipeg, raising funds and awareness for Strength in Circle and Bar None Winnipeg. With 5k, 10k, and half-marathon options, the event is beginner-friendly, free to enter, and open to runners of all levels, with a picnic at the finish line! To sign up, or volunteer day of, email Jacquie at jacquie_nicholson@yahoo.ca.





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Our Recent Readings! 📖👀

We are fans of the Prison Journalism Project, which has published writing by over 735 incarcerated writers in the US and Canada. We wanted to share two articles that we read and loved recently.

[The Power of a Prison Visit](#) by Ryan Douglas

This article gives readers insight into the process of visiting from an inside perspective, and what visits from loved ones mean to someone who is incarcerated.

[I Taught My Daughter Math in Prison With Cheetos](#) by Emmitt Wright

If you have a chance to listen to the Manitoba Prisoner Solidarity Network panel on Hip Hop 101, we also recommend this article that speaks to how fathers actively parent while incarcerated.

